



Details and Information for **High Peaks Backpacking**

www.beavercamp.org 8884 Buck Point Rd., Lowville, NY 13367 315-376-2640 office@beaver.camp

Hello from Beaver Camp! We are excited about our upcoming week of backpacking with you. A week of fun, excitement, new friends and spiritual growth awaits you in God's awesome creation. Please review this information about your trip and check your registration confirmation email to verify that all information is correct.

Full payment and Health Information must be submitted at least two weeks prior to arrival.

Payment and forms can be submitted by mail, email, or your parent account online.

HEALTH Information The NYS Dept. of Health requires camper health information to be filled out completely and carefully for each camper. If you registered online, most of this information has already been submitted. To complete the health information for your camper(s), please submit an Over-the-Counter Medication Form and an immunization record for each child. Because information must be updated annually, please do not ask us to use last year's information. Incomplete information will delay you at Sunday check-in.

! NEW: Do not report prescription medications on the Over-the Counter Medication Form. Prescription medications must be brought in the original container with the prescription sticker on it for us to be able to administer the medication.

WHAT TO BRING TO CAMP

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| <input type="checkbox"/> Hiking boots and extra pair of shoes/boots | <input type="checkbox"/> Warm sleeping bag |
| <input type="checkbox"/> Poncho or rain suit is essential | <input type="checkbox"/> Breathable bag for dirty clothes |
| <input type="checkbox"/> A hat and/or sunglasses is essential | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Synthetic and/or wool socks (not cotton) | <input type="checkbox"/> Small flashlight or headlamp |
| <input type="checkbox"/> A hoodie or light-weight fleece/windbreaker | <input type="checkbox"/> Personal toiletries incl. lip balm and sunscreen |
| <input type="checkbox"/> Please pack polyester, fleece or wool clothing
(Avoid cotton, it absorbs water & chills your body) | <input type="checkbox"/> Day pack with shoulder straps for day trips |
| <input type="checkbox"/> 3-4 T-shirts, 1 long-sleeve shirt | <input type="checkbox"/> Towels and modest swimsuit |
| <input type="checkbox"/> 2-3 pairs of shorts, 2 pairs of pants (not jeans) | <input type="checkbox"/> Bible and pen (in a Ziploc bag) |
| <input type="checkbox"/> 5-6 pairs each of underwear and socks | <input type="checkbox"/> Optional - camera that is not also a cell phone |
| <input type="checkbox"/> Pajamas or clean outfit to sleep in | <input type="checkbox"/> Water bottle |
| | <input type="checkbox"/> Sleeping Pad (optional) |

Beaver Camp provides all food, packs, tents, camping gear and adventure equipment. However, you are welcome to bring your own pack or tent if you prefer.

DO NOT BRING: Electronics (iPod, phone, game, etc), illegal drugs, fireworks, firearms, or any other type of weapon. They will be confiscated. Folding pocket knives may be used with supervision. Please do not bring additional food items such as candy, soft drinks, cookies or other snacks.

General Packing Tips

- Keep in mind that for most of the week you will carry *everything* on your back. Items should be lightweight and packed tightly to conserve space. Items will likely be repacked prior to leaving on the trip.
- Good sleeping bag straps or stuff bag are important so that your bag can be compressed.
- It will be helpful if you can pack your items into large Ziploc bags or nylon stuff bags (one bag for underwear and socks, one for shirts, one for pants, etc.).
- It is important that hiking boots are broken in before the trip by wearing them around home and on short hikes. Boots that are not broken in often lead to blisters, which can lead to a miserable trip.

CAMP STORE The camp store will be open during check-in. Many items are available including sweatshirts, T-Shirts, water bottles and hats.

PHYSICAL PREPARATION Wilderness adventures are more strenuous than resident camp. This trip is quite strenuous (5 out of 5 boots), including several hours of activity daily. It is essential that you are active and build your physical endurance ahead of time, so that your week of camp will be more rewarding and enjoyable.

Over Please...

LOST AND FOUND Please label or clearly mark each camper's belongings. Unlabeled belongings are difficult to identify! Beaver Camp is not responsible for lost items.

CAMPER ARRIVAL Campers with last names beginning with A-L will check in at 4:00 PM and campers with last names beginning with M-Z will check in at 4:30 PM. Exceptions will be made as needed. Please do not arrive before 3:45 PM. A tour of Beaver Camp will be available for parents at 4:30 PM.

LODGING Campers will reside in tents according to birth gender.

WRITING YOUR CAMPER There is no mail service in the wilderness!

CAMP TELEPHONE Our phone is tended from 8:00 a.m. to 5:00 p.m. After hours you will receive an answering machine that will give you emergency numbers to call. If you have an emergency we will take measures to contact your child. However, due to the nature and location of some trips this may not be possible.

CAMPER CHECKOUT A special closing program is scheduled from 3-3:30 p.m. on Friday afternoon, and we encourage parents and family members to attend. Campers are free to leave after the program, but are also welcome to join us for black kettle popcorn at 3:30 before leaving.

PHOTOS ON OUR WEB SITE Photos from the trip are not able to be posted until the end of the week. Once available, photos can be viewed for free by going to www.beavercamp.org and entering the password provided in your confirmation packet.

INJURIES AND ILLNESS AND SPECIAL MEDICAL NEEDS

Our goal is to offer a life changing camping experience to as many campers as possible. However, our camp is not designed for a special needs camper. We cannot accommodate campers who require one-on-one supervision. Should medical attention be necessary for either an injury or illness while at camp, the cost is the responsibility of the camper's personal medical insurance. In case of an injury, Beaver Camp has insurance coverage that will pay the excess not covered by the camper's personal insurance.

DIRECTIONS TO CAMP

From Points North

Via RT 12. Stay on RT 12 South into Lowville, turning right at the 1st light, then turn left at the next light onto River St. (across from Stewarts) then follow "**On the Number 4 Road.**"

Via RT 26. Stay on RT 26 South into Lowville to the 4th light, then turn left onto River St. (across from Stewarts) then follow "**On the Number 4 Road.**"

Via Rt 812. Follow Rt 812 south into Croghan, turn left onto Convent St. (across from Sliders Gas), which becomes Kirchnerville Rd. Follow and turn right onto Erie Canal Rd., after about 6 miles turn left at the stop sign onto the Number Four Rd. Beaver camp is 10 miles from this intersection.

From Points West

Via Rt 177. Stay on Rt. 177 East, merging onto Rt. 12 South. Follow Rt. 12 South into Lowville to the 2nd light, then turn left onto River St. (across from Stewarts) then follow "**On the Number 4 Road.**"

From Points South

Via RT 12 or 26. Follow North to the 2nd light, then turn right onto River St. (across from Stewarts) then follow "**On the Number 4 Road.**"

On the Number Four Road

Follow River Street to the 4-way stop. Go straight.

You are now on the Number Four Road (County Route 26). Be sure to turn left approximately 3.6 miles outside Lowville (just past Millers Meat Market, across from Guignard's Nursery). It is approximately 15 miles from this intersection to Beaver Camp.

